Progress Note

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| Date: Feb 5th | Start Time: 15:41 | End Time: 16:13 |
| Type of Contact: In-person | Members Present: The Walker Family (Randy, Elizabeth, Matthew, and Faith) | |

Assessment Results: None administered

Summary: In this session, I planned to use narrative functional assessment to know the instrumental function and regular daily activities. By answering the questions about family daily life, Elizabeth pointed out the works she did and questioned Randy about sharing the housework. When Randy responded to questions, Elizabeth kept interrupting him and vocally disagree with him. The two kids sat closed with Elizabeth and looked to her every time they answered a question. After several issues, their disagreements turned into complaint; therefore, I assume they felt dissatisfied with each other’s role and unaware of the responsibilities their position should take. Given their description of a daily function, I found there were many disagreements and difficulties. Elizabeth mentioned “frozen vegetables and soups” and “some bread and cereal” for breakfast, I concerned about the family’s well-being and assumed they might need the social support. Randy did not play a proper role as a breadwinner, and Elizabeth did not adopt a housewife role. The supporting facts were the complaint of Randy like “does not cook” and “house is dirty, and nothing is clean,” indicated Elizabeth had poor performance in her roles. When I asked about their expectation for each other, Elizabeth felt Randy expected her to be exactly like his mother. However, as Randy said that his mother would come and help clean the house, the work should be done by Elizabeth. I assume Elizabeth felt she could not live up to the standard of Randy’s mother. Elizabeth explained she had to decide for her family, and Randy blamed her for the wrong decision. I felt Elizabeth’s frequent complaint drove Randy away, and Randy’s withdrawn evoked more anger of Elizabeth; therefore, the reason and impact of their behaviors need further evaluation.

Plan: Family Assessment Device

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